Family recruitment
Phone call
Group pseudo-randomization

APAH Intervention
PWS (n=35), OB (n=50)

INTERVENTION PHASE
Baseline Assessment
- Child measurements
  - Physical activity
  - Motor proficiency
  - Central sensory integration
  - Body composition
  - Self-efficacy
  - Quality of life
- Parent questionnaire

1 week no contact

APAH curriculum training

9 parent phone calls

Mid-intervention Assessment
After 12 weeks of intervention

6 parent phone calls

Week 24 Physical Activity

Post-intervention or control assessment after 24 weeks
All measurements repeated

Wait-list Control
PWS (n=10), OB (n=20)

NO INTERVENTION PHASE
Baseline Assessment
- Child measurements
  - Physical activity
  - Motor proficiency
  - Central sensory integration
  - Body composition
  - Self-efficacy
  - Quality of life
- Parent questionnaire

23 weeks no contact

Week 24 Physical Activity

Receive intervention