Figure 1: Example of n-of-1 Design Schema

Randomisation

Days 1-6
- Placebo
- Treatment
  Pair 1

Days 7-12
- Treatment
- Placebo
  Pair 2

Days 13-18
- Treatment
- Placebo
  Pair 3

Participant Assessment

Informed Consent

Eligibility Confirmation

Baseline Assessment

Randomisation