Study information to eligible mothers and ask for consent close to discharge

Yes, written consent

Baseline questionnaire

Randomisation immediately after hospital discharge  $n = 1116$

Proactive/reactive telephone support
- Day 1-14
- $n = 558$

Reactive telephone support
- Day 1-14
- $n = 558$

Telephone call 8 weeks after discharge to collect primary outcome

Questionnaire 8 weeks after discharge

Questionnaire 6 months PNA