Families contacted (n=58)

Excluded (n=21)
- Not meeting inclusion criteria (n=6)
- Declined to participate (n=12)
- Other reasons (n=3)

Randomized (n=37 families)

DELFIN group (n=19 families/37 parents)
- Baseline-assessment (n=19 families/37 parents)
- Discontinued participation (n=0)

Control group (n=18 families/36 parents)
- Baseline-assessment (n=14 families/28 parents)
- Discontinued participation (n=4 families/8 parents)

6-week intervention

Post-assessment 3 months later DELFIN group (n=18 families/34 parents)
- Lost to post-assessment (n=1 father)
- Discontinued participation (n=1 family/2 parents)

Post-assessment 3 months later wait-list control group (n=13 families/23 parents)
- Lost to post-assessment (n=3 fathers)
- Discontinued participation (n=1 family/2 parents)

Follow-up 12 months later (n=15 families/n=24 parents)

6-week intervention offer