Eligibility Screening & Consent

- Not eligible, Not consenting

Baseline Assessment

Randomization

SC Group

Meetings
In hospital
RA meeting with mother 1x/week to collect logs

In hospital measures
34 wks PMA - EEG 1
36 wks PMA - EEG 2 & NNNS

Discharge from NICU
Typically between 35-38 wks PMA

Follow-up Clinic Assessments
40 wks PMA - EEG 3 & NNNS
4 mo CA - infant cortisol & HRV; mother cortisol; mother CES-D
18 mo CA - Bayley-III

FNI Group

Sessions
In hospital
Calming cycle instructions, at least 4x/week

In hospital measures
34 wks PMA - EEG 1
36 wks PMA - EEG 2 & NNNS

Discharge from NICU
Typically between 35-38 wks PMA

Follow-up Clinic Assessments
40 wks PMA - EEG 3 & NNNS
4 mo CA - infant cortisol & HRV; mother cortisol; mother CES-D
18 mo CA - Bayley-III