Assessed for eligibility (n=142)

Declined to participate (n=83)

Randomized (n=59)  
(Surgical n=34 Medical n=25)

Allocated to 0.9% saline (n=27)  
- Received allocated intervention (n=24)  
- Ineligible: baseline [Na] < 133 mmol/L (n=3)

Lost to follow-up (n=8)  
- Did not complete 8 h (n=2)  
- Consent withdrawn (n=1)  
- Exit [Na] not obtained (n=5)

Analysed (n=16)

Allocated to 0.45% saline (n=32)  
- Received allocated intervention (n=32)

Lost to follow-up (n=11)  
- Did not complete 8 h (n=6)  
- Consent withdrawn (n=2)  
- Exit [Na] not obtained (n=3)

Analysed (n=21)