Potential eligible studies screened through electronic databases (n=4572)

Studies excluded: irrelevant to research question or inappropriate study designs (n=4404)

Potentially eligible abstracts screened (n=168)

Studies excluded: irrelevant to research questions or inappropriate study designs (n=107)

Detailed review of manuscripts (n=61)

Reference lists from published review articles relevant to research question screened and the review articles were removed. (n=19)

Potentially eligible studies identified through contact with authors/content experts (n=2)

Studies excluded: irrelevant to research questions or inappropriate study designs (n=43)

Studies included for quality assessment (n=1)