Positive Effects on Adherence

1. Application of drops and remembering drops – effects of aging and conditions associated with older age make adherence more difficult e.g. Parkinson’s, Arthritis
2. Education – Some older participants had problems with access to self education (particularly using internet resources)

Negative Effects on Adherence

1. Busy Service Communication issues
2. Lack of confidence Operational and technique issues
3. Broken routine Busy times Complex dosing regimes e.g. more drops / post operation

Self Education

1. Drop application techniques
2. Consequences of not taking drops
3. Devising drop taking schedules

Correct Application

1. Day to day routine problems – Location, time restraints, storage, remembering when busy
2. Making drops last / re-ordering
3. Bottles/packaging

Motivation

Remembering

Practical Problems

1. Perceived efficacy in drops
2. Routine / Schedule Memory Aids
3. Long Term Feedback and Education

ADHERENCE

Long Term Feedback and Education

Good Practitioner Communication Skills

Poor Practitioner Communication Skills

Age Differences

Older participants (60 and over)
1. Application of drops and remembering drops – effects of aging and conditions associated with older age make adherence more difficult e.g. Parkinson’s, Arthritis
2. Education – Some older participants had problems with access to self education (particularly using internet resources)

Younger participants (60 and under)
1. Anxiety increased due to longer life expectancy
2. Treated differently by Eye Clinic Staff – either more/less attentive
3. Face different issues because they are at a different stage in life, are still working as opposed to retired and therefore desire to meet other patients in “young exclusive” support groups

Individual Differences

1. Initial Education & Long term feedback – level of satisfaction, level of information wanted and delivery of interventions
2. Correct Application – degree of initial problems, ongoing application problems
3. Remembering – frequency of forgetting, feelings about forgetting, cues used other than routine
4. Practical problems – Evident across all identified areas according to individual lifestyle

Age and Individual Differences for Consideration within Each Barrier

Diagnosis

Positive Effects on Adherence

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