Records identified through database searching \((n = 446)\)

Additional records identified through other sources \((n = 7)\)

Records after duplicates removed \((n = 435)\)

Records screened \((n = 435)\)

Records excluded \((n = 400)\)

Full-text articles assessed for eligibility \((n = 35)\)

Full-text articles excluded, with reasons
- Not containing primary outcome measure \((n = 4)\)

Studies included in qualitative synthesis \((n = 31)\)

Studies included in quantitative synthesis \((n = 22)\)