Records identified through database searching (n = 135)

Additional records identified through other sources (n = 12)

Records after duplicates removed (n = 147)

Records screened (n = 147)

Records excluded (n = 77)

Full-text articles assessed for eligibility (n = 70)

Full-text articles excluded, with reasons (n = 25)

Studies included in qualitative synthesis (n = 45)

Studies included in quantitative synthesis (meta-analysis) (n = 26)