Prospective recruitment:
Family is identified by genetic counselor at the time of genetic test results disclosure

Proband is introduced to the study, informed which family members are eligible, and given pamphlets with WCH contact information

Interested participant contacts study research coordinator to confirm eligibility and request a mailed study package

Participant returns 1) informed consent; 2) baseline research questionnaire; 3) baseline diet history questionnaire; 4) toenail clipping sample; and 5) medical release form

Participant provides a blood and urine samples at a local LifeLabs laboratory (blood samples are stored as frozen serum and frozen whole blood)

Participants are followed every 2 years with a 1) follow-up research questionnaire and 2) diet history questionnaire

Retrospective recruitment:
Family is identified by a research coordinator in retrospective chart review

Proband is sent an invitation letter disclosing which family members are eligible, with pamphlets and WCH contact information