Informed consent: 153 patients
Baseline measurements: 153 patients
Randomisation: 77 patients
Care as usual: 77 patients
Follow-up: 122 patients
Follow-up: 122 patients

- t = -2 weeks
- t = 0
- t = 1 month
- t = 2 month
- t = 4 months

Expected Drop-out: 31 patients