Figure 1

- **T0**
  - Test of inclusion/exclusion criteria
  - Study information & written consent

  Screening N = 1200

  - HADS ≥ 8
    - HADS < 8 → Exclusion
    - HADS ≥ 8
      - Study information & written consent

- **T1**
  - HADS, DEQ, EORTC QLQ-C30, QLQ-BR23, MFI, socio demographic & medical parameters, health care utilisation
  - SCID-I & II

  Randomisation N = 180

- **6 months**
  - **T2**
    - Analysis STPP N = 72
      - Treatment
      - Analysis TAU N = 63

- **Follow up Analyses**
  - **T3**
    - STPP N = 72
      - Follow up Analyses TAU N = 63