**Treatment Groups**

- **Concentration in plasma (ng/ml)**
  - **CTRL (0% Flaxseed)**
  - **IR + CTRL (0% Flaxseed)**
  - **FS (10% Flaxseed) (0 Wks)**
  - **FS + IR (10% Flaxseed) (-3 Wks)**
  - **FS + IR (10% Flaxseed) (-2 Wks)**
  - **FS + IR (10% Flaxseed) (+2 Wks)**
  - **FS + IR (10% Flaxseed) (+4 Wks)**
  - **FS + IR (10% Flaxseed) (+6 Wks)**

**Graph Representation**

- **0% FS (CTRL)**
- **10% Flaxseed (FS)**

**Concentration in plasma (ng/ml)**

**Legend**

- **ED**
- **EL**