201 papers were retrieved from the databases

189 excluded based on review of titles and abstracts
- No randomized controlled clinical trial
- No use of accelerometer, pedometer or step counter
- No measurement of daily steps
- Studies in other languages as English

12 RCT’s were analyzed

8 studies were excluded:
- Other population than cancer

1 non-published RCT was added to the analyses

5 RCT’s were included in the analyses.