3 intervention clinics
14 public health nurses

3 maternity clinics

Pregnant primiparas
(n=101)

• refused to participate
(n=20)
• miscarriage or change of residence (n=5)

Eligible (n=94)

• refused to participate
(n=20)
• miscarriage or change of residence (n=5)

Informed consent (n=69)

Drop-outs (n=20), reasons
• miscarriage, n=2
• relocation, n=4
• pregnancy or health, n=3
• life situation, n=4
• this study, n=5
• unknown, n=2

Final number of participants
(n=49)

3 child health clinics

Postpartum primiparas
(n=73)

• refused to participate
(n=15)

Eligible (n=68)

• refused to participate
(n=15)
• miscarriage or change of residence (n=4)

Informed consent (n=53)

Drop-outs (n=5), reasons
• life situation, n=2
• unknown, n=2
• cannot be included in the analyses due to second pregnancy, n=1

Final number of participants
(n=48)

3 control clinics
9 public health nurses

3 maternity clinics

Pregnant primiparas
(n=95)

• refused to participate
(n=15)

Eligible (n=82)

• refused to participate
(n=15)
• miscarriage or change of residence (n=4)

Informed consent (n=63)

Drop-outs (n=7), reasons
• relocation, n=3
• this study, n=4
• unknown, n=2

Final number of participants
(n=56)

3 child health clinics

Postpartum primiparas
(n=54)

Eligible (n=46)

• refused to participate
(n=7)

Informed consent (n=39)

Drop-outs (n=2)
• cannot be included in the analyses due to second pregnancy, n=2

Final number of participants
(n=37)