HBC=habitual blood collection; SBS = Study biological sample; Hb= Haemoglobin; CH=Clinical History; Drugs_Q = Questionnaire on iron supplement intake and of multi-vitamins, adherence to iron supplementation and possible adverse effects and concomitant treatments; Supplements_Fe= Iron supplementation prescription; Fagerström_Q= Test of Fagerström; FFQ= Food Frequency Questionnaire; IPAQ= International Physical Activity Questionnaire; STAI= The State-Trait Anxiety Inventory; AE =adverse event; UFB=ultrasound fetal biometry; EPDS= Edinburgh Postnatal Depression Scale; PSI = Parenting Stress Index; EITQ= Early Infancy Temperament Questionnaire; Bayley= Bayley Scales of Infant Development.