New areas of knowledge specific to food & nutrition

Number of responses

- Fizzy drinks/ isotonic drinks
- Food allowed to eat
- Calcium sources
- Cheese advice
- Peanuts advice
- Oily fish supplements
- Food safety
- Seafood/ shellfish and sushi
- Everything in general/ refresh of knowledge
- Vitamin sources / vitamin D/ Folic acid
- Caffeine levels
- Weight gain/ loss/ management
- Recommended daily allowances
- Food portions/ eatwell plate

Number of responses