Eligible (n = 133) → Declined participation (n = 30)

Completed antenatal questionnaires (n = 103) → aWithdraw (n = 2)

bIUFD (n = 1)

Total participants (n = 100)

Missed birth observation (n = 22)

Birth observed (n = 78)

Caesarian section (n = 17)

No dSSC (n = 6)

SSC < 30 (n = 7)

SSC 30+ (n = 4)

Vaginal births (n = 61)

No SSC (n = 1)

SSC < 30 (n = 6)

SSC 30+ (n = 28)

CSSC 60° (n = 26)

aWithdraw - 1 changed her mind; 1 decided not to breastfeed

bIUFD (Inter Uterine Fetal Death)

cBorn under 36 weeks admitted to special care (n=1); Gave birth in the car park (n=2); Researcher not able arrive in time (n=2); Births occurred simultaneously (n=6); Delay in Midwife calling researcher (n=11)

dSkin-to-skin contact (SSC) ie naked newborn on mother’s bare chest

eContinuous Skin-to-skin contact 60 minutes

< 30 is less than 30 minutes (or 1 – 29 minutes)

30+ is 30 - 59 minutes