Records identified through database searching (n = 839)

Additional records identified through other sources (n = 0)

Records after duplicates removed (n = 501)

Records screened (n = 338)

Records excluded (n = 282)

Full-text articles assessed for eligibility (n = 56)

Studies included in qualitative synthesis (n = 9)

Full-text articles excluded; lack of relevant data/did not meet the inclusion criteria/conference abstracts, if full-text available (n = 47)

Studies included in quantitative synthesis (meta-analysis) (n = 8)