ENROLLMENT AND RANDOMIZATION (n = 1440/site)

**ARM 1**

STAGE 1: 
\(n = 480/\text{site}\)

Begin Nutrition Intervention
Monitor Pregnancy Status

STAGE 2 CONCEPTION 
\(n = 240/\text{site}\)

1st Trimester
Continue nutrition intervention

2nd and 3rd Trimester
Continue nutrition intervention

BIRTH
Stop nutrition intervention 
\(n = 192/\text{site}\)

INFANT FOLLOW-UP
6 mo

**ARM 2**

STAGE 1: 
\(n = 480/\text{site}\)

Monitor Pregnancy Status

STAGE 2 CONCEPTION 
\(n = 240/\text{site}\)

1st Trimester
Start Nutrition Intervention (12-14 wk)

2nd and 3rd Trimester
Continue nutrition intervention

BIRTH
Stop nutrition intervention 
\(n = 192/\text{site}\)

INFANT FOLLOW-UP
6 mo

**ARM 3**

STAGE 1: 
\(n = 480/\text{site}\)

Monitor Pregnancy Status

STAGE 2 CONCEPTION 
\(n = 240/\text{site}\)

1st—3rd Trimesters

BIRTH 
\(n = 192/\text{site}\)

INFANT FOLLOW-UP 
6 mo