Vaginal or cesarean delivery preferences (English translation)

Answer the first question then select the number (from 1 to 5), that best describes how you feel. Number 1 means that you strongly disagree with the statement, Number 5 means that you strongly agree with the statement.

1. If you were to have a baby, how would you prefer to deliver?
   - □ By vaginal delivery
   - □ By caesarean section

2. Why would you prefer caesarean section?
   - Because I am afraid of pain 1 2 3 4 5
   - With a caesarean section, I can plan when to deliver. 1 2 3 4 5
   - With a caesarean section, my baby suffers less. 1 2 3 4 5
   - The hospital does not offer epidurals for vaginal delivery. 1 2 3 4 5
   - I have already had a caesarean section. 1 2 3 4 5
   - After a caesarean it is easier to go back to a couple’s life. 1 2 3 4 5
   - A friend of mine has already had a caesarean section. 1 2 3 4 5
   - A caesarean section is safer for my health. 1 2 3 4 5

3. Why would you prefer vaginal delivery?
   - Because it does not leave any scar. 1 2 3 4 5
   - I don’t want to miss the first hour of life of my baby. 1 2 3 4 5
   - The postpartum period is less painful. 1 2 3 4 5
   - I am afraid of pain but if other women have gone through it, I can also handle it. 1 2 3 4 5
   - I don’t want my baby to be born through a surgical procedure. 1 2 3 4 5
   - It will be easier for me to breastfeed. 1 2 3 4 5
   - My husband/partner can be present at the delivery. 1 2 3 4 5
• I want to have many children and I know that with caesareans, the number is limited. 1 2 3 4 5

• The post-partum recovery is faster. 1 2 3 4 5

• The length of hospital stay is shorter. 1 2 3 4 5

4. How did you obtain the information about delivery that helped you to decide on your preference? (tick the boxes that apply)

- My obstetrician or midwife       □
- My husband/partner              □
- A parent                        □
- A friend                        □

- The internet
- Television
- Through a course
- Newspapers/magazines

Socio-economic characteristics:

- Age :
- Education:
- Have you ever had a baby?
- Have you ever had a caesarean delivery?