All pregnant women n=2085

Excluded (n=626) because of:
- Gestational age ≥13 completed weeks n=396
- Non-Swedish speaker n=166
- Cardiovascular disease, unable to cycle or would move from the area n=64

Eligible for inclusion n=1383

Agreed to participate n=735

Excluded (n=626) because of:
- Gestational age ≥13 completed weeks n=396
- Non-Swedish speaker n=166
- Cardiovascular disease, unable to cycle or would move from the area n=64
- Declined participation n=230
- Not asked n=418

Included but not tested (n=215) because:
- Disease n=68
- Miscarriage n=16
- Declined participation n=66
- Gestational age >13 completed weeks n=62
- Wrongly included n=3

Visit 1 n=520
Gw 8-13

Visit 2 n=498
Gw 20-26

Visit 3 n=498
Gw 28-32

Visit 4 n=456
Gw 36-38

Visit 5 n=488
4-6 month pp

Non-participants postpartum (n=10) because:
- Stillborn n=3
- Declined participation n=6
- Psychosis n=1

Miscarriage ≤13 completed weeks n=76

Declined participation n=230
Not asked n=418

Miscarriage n=20
Induced abortion n=2

Preterm delivery n=42