Randomized
n = 105

Exercise group: n = 52

Lost to visit after the intervention:
- excluded: n = 1
- pelvic girdle pain: n = 2
- hypertension: n = 1
- premature birth: n = 2
- uterine contractions: n = 1
- amniotic-fluid leakage: n = 1
- asthma: n = 1
- unknown reason: n = 1

Lost to postpartum visit:
- excluded: n = 1
- complications baby: n = 3
- moved: n = 2
- unknown reason: n = 3

Control group: n = 53

Lost to visit after the intervention:
- excluded: n = 1
- pelvic girdle pain: n = 1
- premature birth: n = 2
- pre-eclampsia: n = 1
- moved: n = 1
- withdrawn: n = 1
- unknown reason: n = 4

Lost to postpartum visit:
- excluded: n = 1
- moved: n = 2
- withdrawn: n = 1
- unknown reason: n = 2