### Comprehensive antenatal care programmes

**a) Programmes targeting socioeconomically disadvantaged women without specific clinical risk factors for PTB/LBW**
- Group antenatal care [49, 50]
- Comprehensive multidisciplinary service with outreach [54]
- Comprehensive antenatal care including PTB prevention programme [65]
- Nurse/midwife clinic for low risk women [66, 67]
- Managed care [47]

**b) Programmes providing enhanced antenatal care to socioeconomically disadvantaged women with additional clinical risk factors for PTB/LBW**
- Broad, multifaceted PTB prevention programme [43, 48]
- Programme with focus on patient education regarding signs of preterm labour plus additional visits/pelvic examinations [68]
- Hospital clinic vs. ‘managed care’ [69]
- Specialist clinic for women at high risk of PTB (twin gestation) [70]

**c) Programmes targeting other vulnerable/at risk groups**
- **Adolescents**
  - ‘Teen’ clinics [45, 71-76]
  - Adolescent group prenatal care (CenteringPregnancy) [77]
- **Indigenous women**
  - Culturally sensitive comprehensive antenatal care including community/outreach services [78, 79]
- **Low-income, HIV positive women**
  - Comprehensive care in accredited general antenatal clinics providing an enhanced range of services [55]
- **Substance users**
  - Comprehensive care in accredited general antenatal clinic providing an enhanced range of services [38]

### Interventions provided as an adjunct to comprehensive antenatal care

**a) Interventions aimed at socioeconomically disadvantaged women**
- Case management/care co-ordination[23, 80]
- Nurse home visits [42, 51]
- Multifaceted ‘Healthy Start’ programme[81]

**b) Interventions aimed at or evaluated in socioeconomically disadvantaged women with additional clinical risk factors for PTB/LBW**
- Home visits/telephone support [46, 52, 53]

**c) Interventions evaluated in other vulnerable/at risk groups**
- **Adolescents**
  - Stand alone nutritional intervention [41]
- **Substance users**
  - Substance abuse programme—women screened and referred from a general antenatal clinic[44, 82, 83]
  - Drug rehabilitation programme provided as an adjunct to antenatal care in a dedicated prenatal substance abuse clinic [40]