5 Approved sites

Written informed consent

Excluded if no written consent given

Randomisation

Group A

Day 1: Induction to IACD

Day 1-7: Familiarisation period in using the IACD

Day 8: Baseline assessments of OM’s

Day 8-15: Intervention phase. IACD with AC

Day 15: Reassessment of OM’s

Day 15-23: Control phase. IACD with no AC

Day 23: Reassessment of OM’s

3-month follow-up assessments of OM’s

Group B

Day 1: Induction to IACD

Day 1-7: Familiarisation period in using the IACD

Day 8: Baseline assessments of OM’s

Day 8-15: Control phase. IACD with no AC

Day 15: Reassessment of OM’s

Day 15-23 Intervention phase. IACD with AC

Day 23: Reassessment of OM’s

3-month follow-up assessments of OM’s