Records identified through database searching (n=467)

Additional records identified through other sources (n=216)

Records after duplicates removed (n=547)

Records excluded by title or abstract (n=266)

Records screened (n=281)

Records excluded (n=238)
- Basic science
- Non population based
- Reported by others
- Did not meet selection criteria

Full-text articles assessed for eligibility (n=43)

Full-text articles excluded (n=34)
- Review articles
- Non-randomised studies

Studies included in qualitative/quantitative analysis (n=9)