Assessed for eligibility (n=68)

Excluded (n=48)
- Not meeting inclusion criteria (n=48)
- Declined to participate (n=0)
- Other reasons (n=0)

Randomized (n=20)

Allocated to intervention EG (n=10)
- Received allocated intervention (n=10)
- Did not receive allocated intervention (give reasons) (n=0)

Allocated to intervention CG (n=10)
- Received allocated intervention (n=10)
- Did not receive allocated intervention (give reasons) (n=0)

Analysed EG (n=10)
- Excluded from analysis (give reasons) (n=0)

Analysed CG (n=10)
- Excluded from analysis (give reasons) (n=0)