Screening participants for eligibility to participate in study
n=50

Experimental group at Centre 1
n=27 screened

5 participants excluded:
(1 did not meet criteria for age range; 2 had Mini Mental Status Examination (MMSE) <17; 1 was not a stroke survivor; 1 refused to participate)

Experimental group in centre 1,
n=22

3 participants never attended intervention sessions; 3 participants later refused to participate; 1 participant withdrew due to a transport problem

Post-intervention measurements at 6th week or 12 sessions of intervention
n=15

Control group at Centre 2,
n=23 screened

9 participants excluded:
(4 did not meet criteria for age range; 2 had Mini Mental Status Examination (MMSE) <17; 1 was not a stroke survivor; 1 was not able to stand without support; 1 refused to participate)

Control group in centre 2,
n=14

1 participant withdrew due to a fall at home

Post-intervention measurements at 6th week or 12 sessions of intervention
n=13