1. Do you have shaking or tremor that you cannot control?
2. Do other people tell that you have a tremor or are shaking?
3. Has a doctor diagnosed you as having tremors?
4. Do you often have shaking in your hands or arms that you cannot control?
5. Does your head often shake uncontrollably?
6. Do you often have shaking anywhere else in your body (legs, voice, mouth, chin)?
7. Does your voice often tremble when you talk?
8. Does your hand tremble or shake when you hold a pen to write?
9. Does your hand shake when you hold a fork, spoon or knife?
10. Does your hand shake when you drink or pour from a cup or a glass?
11. Does shaking or tremor make you spill when drinking from a cup or eating with a spoon?
12. Does your hand shake or tremble uncontrollably when you button your shirt?