Assessed for eligibility (Invited to complete questionnaires)

- Included:
  1. 1st time stroke/TIA patients
  2. Discharged to home
  3. On medication

- Excluded:
  1. Declined to take part

Baseline assessment measures (after 3 months)

- Excluded:
  1. MARS>24
  2. Already using Dosette boxes
  3. Not responsible for own medication
  4. Not on anti-hypertensives
  5. Questionnaires not returned

Invited to take part in intervention (n=90)

- Not randomised:
  1. Declined to take part

Randomised (n=60)

Brief Intervention

- Session 1
  - Week 0

Control (TAU)

- Session 1
  - Week 0

- Excluded:
  1. Frenchay screen<13/20
  2. MMSE < 23

- Session 2
  - Week 2

- Session 2
  - Week 2

- Excluded:
  1. Frenchay screen<13/20
  2. MMSE < 23

- Sessions 3 & 4
  - Weeks 6/7 & 11

- Sessions 3 & 4
  - Weeks 6/7 & 11

- Excluded:
  1. Frenchay screen<13/20
  2. MMSE < 23

- Session 5
  - Final assessment
    - Week 15

- Session 5
  - Final assessment
    - Week 15

- Dropped out of trial

- 3-month follow-up

- Analysed

- Analysed

- Analysed (ITT)

Data analysis