BASELINE DATA COLLECTION
- National Kidney Foundation dialysis centres; eligible patients identified
- Patients approached and invited to participate
- Consent and Baseline questionnaires completed
- Recruitment will be staggered into blocks of 30 participants each, to allow for recruitment to continue while the intervention is being delivered

RANDOMISATION

WEEK 3
INTERVENTION
- Session 1: fluid
- Session 2: diet
- Session 3: medication

CONTROL

WEEK 4-8

WEEK 9
POST INTERVENTION FOLLOW-UP DATA COLLECTION
Follow-up questionnaires completed, medical data collected

WEEK 16
TELEPHONE FOLLOW UP
Usual Care

WEEK 20
BOOSTER SESSION

WEEK 22
3 MONTH FOLLOW-UP DATA COLLECTION
Follow-up questionnaires completed, medical data collected

WEEK 48
9 MONTH FOLLOW-UP DATA COLLECTION
Follow-up questionnaires completed, medical data collected