Total number of English-language studies reviewed
n = 745

503 studies removed

242 relevant English-language studies

1 relevant foreign-language article found

243 relevant publications analysed

Main Reason for Exclusion

Methodologically Weak for Our Purposes (n = 213)

Review Articles/Editorials (n = 82)

No Consumption/Resistance Data (n = 62)

Hospital Studies/Patients Too Ill (n = 80)

Interval Too Short (n = 54)

Other Reasons (n = 12)