Invited to participate  
\( n = 1000 \)

Not included

- Did not want to participate  
  \( n = 370 \)
- Did not meet inclusion criteria  
  \( n = 224 \)

Completed first questionnaire  
\( n = 406 \)

Did not complete second questionnaire

- Lost to follow-up  
  \( n = 16 \)

Completed second questionnaire  
\( n = 390 \)