Recruitment

Assessed for eligibility  
$n = 3419 (100.0 \%)$

Exclusion criteria  
$n = 319 (9.3 \%)$

Demographic characteristic: 29 (7.7)
Chronic disease: 12 (3.2)
Medication: 8 (2.1)
FGID¹: 189 (50.1)
Refused IC²: 81 (21.5)

Questionnaire Q1

Enrolment  
$n = 3100 (90.6 \%)$

Lost to follow up  
$n = 293 (9.5 \%)$

Travel related reason: 93 (31.7)
no travel: 62 (21.2)
Non-responders: 138 (47.1)

Diarrhoea duration reported ≥ 14 days or unresolved prior to enrolment:  
$n = 7 (0.2)$

Follow up

Follow-up Q2  
$n = 2800 (81.9 \%)$

Participation rate: 90.3 % (Q1/Q2)