**First training session**

Objective: the professional is able to assess caregivers sense of competence

Method

- Background and objective of the SCPD
- Sharing experience of obstacles to care for caregivers
- Instruction about how to apply the SCPD
- Role playing to assess the sense of competence
- Further reading, and the SCPD manual
- Preparation of the next training session and casuistic practical experience
- Evaluation

**Second training session**

Objective: professional is able to recognize deficiencies in caregivers sense of competence and brings up solutions for best practices

Method

- Sharing experiences of applying the SCPD
- Sharing experiences of using the SCPD screening tool
- Organizational obstacles, e.g., those involving caregivers at the first consultation
- Role playing best practices, finding solutions for deficiencies in competence
- Discussing what is needed for using the SCPD in practice
- Evaluation

**Evaluation session**

Objective: the professional is able to assess and to suggest solutions for deficiencies in caregivers’ sense of competence

Method

- Sharing experiences of applying the SCPD
- Finding solutions for logistic, organizational, and emotional obstacles
- Sharing experiences of the tailor-made SCPD screening tool
- Discussing what is needed to use the SCPD in practice
- Evaluation