Age < 65
No hip pain or pain < 6 months
Presence of medical condition severely affecting ADL (i.e. needs assistance to walk)
Fracture or joint surgery within the last 6 months

Exclude

Age 65 or >
Hip pain present for 6 months or longer

Proceed to physical screen

Passive Hip ROM

End range pain in at least one plane, does not meet movement restriction

Confirm x-ray diagnosis with physician

Presence of osteophytes or joint space narrowing

Meets hip inclusion

Fall Risk Screening TUG

Int. Rot < 15° or Flex < 120°
Combined with end range pain in at least one plane

Int. Rot < 15° and Flex < 116°