Three-month follow-up

Randomised (n=181)

Allocation

Allocated to control (n=92)
- No baseline (n=16)
  - Declined (n=10)
  - Too ill (n=1)
  - Deceased (n=3)
  - Excluded (n=2)

Allocated to intervention (n=89)
- No baseline (n=4)
  - Deceased (n=2)
  - Excluded (n=2)

Baseline

Baseline data n=76
- Included in analysis n=76

Loss to follow-up from baseline n=8
- Declined (n=3)
- Too ill (n=1)
- Deceased (n=4)
- Included in analysis n=76

Loss to follow-up from baseline n=12
- Declined (n=5)
- Too ill (n=1)
- Deceased (n=5)
- Excluded, wife allocated to intervention (n=1)
- Included in analysis n=76

Loss to follow-up from baseline n=17
- Declined (n=6)
- Deceased (n=11)
- Included in analysis n=85

Six-month follow-up

Twelve-month follow-up

Excluded (n=162)
- Declined participation (n=159)
  - Indecisive (n=30)
  - Too demanding (n=76)
  - Too medically ill (n=12)
  - Satisfied with care (n=22)
  - Too healthy (n=19)
- Not meeting inclusion criteria (n=3)
  - Dementia (n=3)

Baseline data n=85
- Included in analysis n=85

Loss to follow-up from baseline n=8
- Declined (n=3)
- Deceased (n=5)
- Included in analysis n=85

Loss to follow-up from baseline n=18
- Declined (n=4)
- Deceased (n=14)
- Included in analysis n=85