Homes assessed for eligibility (n=27)

- Homes excluded (n=7)
  - Declined to participate (n=7)
    - Workload too high for staff/participants

Homes randomized (n=20)

Allocation

- Homes allocated to intervention (n=10)
  - Received allocated intervention (n=10)
- Homes allocated as controls (n=10)
  - Allocated as controls (n=8)
  - Declined as controls (n=2)
    - Unable to recruit ≥ 6 participants

Participants allocated to intervention (n=102)
- Received INCONdition program (n=85)
- Did not receive INCONdition program (n=17)
  - Withdrew from baseline (n=10)
  - Did not meet inclusion criteria (n=7)

Participants allocated as controls (n=90)
- Received care as usual (n=70)
- Did not receive care as usual (n=20)
  - Withdrew from baseline (n=12)
  - Did not meet inclusion criteria (n=8)

Follow-Up

- Lost to follow-up (n=13)
  - Became ill (n=12)
  - Died (n=1)
- Discontinued INCONdition (n=12)
  - Withdrew (n=12)

- Lost to follow-up (n=5)
  - Became ill (n=5)
  - Died (n=0)
- Discontinued care as usual (n=10)
  - Withdrew (n=10)

Analysis

1. Intention to treat analysis (n=85)
2. Per protocol analysis (n=51)
  - Excluded (n=34)
    - Became ill (n=12)
    - Died (n=1)
    - Withdrew (n=12)

1. Intention to treat analysis (n=70)
2. Per protocol analysis (n=60)
  - Excluded (n=10)
    - Became ill (n=5)
    - Withdrew (n=5)