PubMed n=2201
EMBASE n=1257
Duplicates n=374

Titles and abstracts n=3084

Excluded:
- Age n=524
- Irrelevant or review n=2210

Excluded:
- Age n=81
- Review n=49
- Irrelevant n=106
- Combination therapy n=10
- Case report n=22
- Prior treatment (trials) n=6
- Identical data n=2
- <50 participants n=49
- No (placebo)control group n=4

Full paper n=350

Inclusion n=25

Reference list checking n=4

Observational studies n=22
- Cross-sectional n=21
- Longitudinal n=1

Intervention studies n=3