Food & drink change, 0 months

Data collection from care notes, went back to -12 months

Info provided, recruitment, questionnaires, 1st interview, 1st blood test

2nd questionnaires, interviews, blood tests, final data point from care notes

-12 months

0 months

Year 1

Year 2

Food & drink change, +12 months

Intervention homes

Control homes

Data collection from care notes, went back to -12 months