Enrollment

Assessed for eligibility (n=546)

- Excluded (n=55)
  - not meeting inclusion criteria (n=55)

Randomised (n=491)

Allocation

- Allocated to control group (n=114)
  - Received intervention (n=114)

- Allocated to preventive home visits (n=178)
  - Declined intervention (n=4)
    - withdrew consent (n=4)
  - Received intervention (n=174)

- Allocated to senior meetings and follow-ups (n=199)
  - Declined intervention (n=28)
    - withdrew consent (n=23)
    - illness (n=5)
  - Received intervention (n=171)

Baseline

- Analysed (n=114)

- Analysed (n=174)

- Analysed (n=171)