<table>
<thead>
<tr>
<th>Question</th>
<th>All of the time</th>
<th>Most of the time</th>
<th>A good bit of the time</th>
<th>Some of the time</th>
<th>A little of the time</th>
<th>None of the time</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. During the last 4 weeks, how often have you had discomfort or pain in your abdomen?</td>
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<td>2. How often have you been troubled with loose, mushy or watery bowel motions during the last 4 weeks?</td>
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<td>3. How often during the last 4 weeks have you been troubled with diarrhoea?</td>
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<td>4. During the last 4 weeks how often have you been troubled by hard bowel motions?</td>
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<td>5. During the last 4 weeks how often have you felt the need to strain to pass a motion (stool)?</td>
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<td>6. During the last 4 weeks how often have you been troubled by constipation?</td>
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<td>7. During the last 4 weeks how often did you experience pain or discomfort in your abdomen after eating?</td>
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<td>8. How often has your abdominal pain prevented you from sleeping, or woken you during the night during the last 4 weeks?</td>
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<td>9. During the last 4 weeks how often have you leaked or soiled yourself?</td>
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<td>10. How often during the last 4 weeks have you suffered from a feeling of urgency (feeling that you must immediately rush to the toilet to pass a stool)?</td>
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<td>11. How often have you passed mucus or slime in your stools over the last 4 weeks?</td>
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</tbody>
</table>

Requests for permission to utilise the Birmingham IBS symptom questionnaire should be sent to one of the following: Andrea Roalfe/Lesley Roberts/Sue Wilson, Department of Primary Care and General Practice, University of Birmingham, Edgbaston, Birmingham, B15 2TT, UK