Potentially appropriate trials to be included in meta-analysis (n=25)

Five additional studies were identified from the reference lists of pertinent reviews and retrieved articles

Randomized controlled trials included in meta-analysis (n=4)

e=30

Excluded (n=26)
- Reviews or editorials (n=9)
- Meta-analysis (n=2)
- Repeat publication (n=2)
- Abstract or data insufficient (n=5)
- Incorrect randomization (n=1)
- Placebo group lacking (n=1)
- Others (n=6)