Children and adolescents with active ulcerative colitis (UC, n = 24 cases)

Sulphasalazine or mesalazine for ≥ 4 weeks

Achieved stable remission (n = 7 cases)

Active UC continued or patient relapsed (n = 17 cases)

GMA, 5 sessions

CAI increased or remained unchanged (n = 5 cases)

GMA + prednisolone 0.5 to 1.0mg/kg/day

Achieved remission with GMA + prednisolone (n = 5 cases)

CAI ↓ ≥ 5 points (n = 12 cases)

GMA was continued

Achieved remission with GMA (GMA monotherapy, n = 12 cases)