Aldrete score:

» Motoric activity
  • Spontaneous movement when addressed 2
  • Weak spontaneous movements when addressed 1
  • No movement 0

» Breathing
  • Coughs on comment or cries 2
  • Keeps the airway open 1
  • Obstructed airways 0

» Blood pressure compared to reference measurement*
  • Δ < 20 mm Hg 2
  • Δ = 20 – 50 mm Hg 1
  • Δ > 50 mm Hg 0

» Consciousness
  • Awake 2
  • Response to stimulus, reflexes intact 1
  • No answer, reflexes absent 0

» Oxygen saturation
  • 100 - 98 % 2
  • 97 - 95 % 1
  • < 95 % 0

*Reference measurement is performed 1½ minutes after administration of the spasmolytic agent.