First visit at the clinic (n=456)

Eligible for study (n=131)

Included in study (n=75)

Pre-treatment assessment and randomization (n=61)

Allocated to ICBT (n=30)

Allocated to waiting list (n=31)

Lost to follow-up:
- Did not complete post-treatment assessment (n=7), 12-month follow-up assessment (n=10)

Lost to follow-up:
- Did not complete post-treatment assessment (n=4)

Mixed models pre-to post-treatment: analyzed (n=30)
Cost-effectiveness: analyzed (n=30)
Mixed models post-treatment to follow-up: analyzed (n=24)

Not included (n=56)
- Doctor’s omission: 16
- Declined participation: 12
- Severe diarrhea: 11
- Unreachable: 5
- Psychiatric reasons: 2
- Somatic reasons: 2
- Poor language skills: 4
- No internet access: 3
- Symptom debut after 50: 1

Dropped out before randomization (n=14)
- Symptom improvement: 3
- ICBT not suitable: 3
- Practical reasons: 3
- No reason given: 5

Allocated to ICBT (n=30)
Allocated to waiting list (n=31)

Lost to follow-up:
- Did not complete post-treatment assessment (n=7), 12-month follow-up assessment (n=10)

Lost to follow-up:
- Did not complete post-treatment assessment (n=4)

Mixed models pre-to post-treatment: analyzed (n=30)
Cost-effectiveness: analyzed (n=30)
Mixed models post-treatment to follow-up: analyzed (n=24)