Included in the run-in period (n = 28)

- Excluded (n = 9)
  - Not meeting inclusion criteria (n = 3)
  - Withdrew consent (n = 4)
  - Unable to contact (n = 1)
  - Other reasons (n = 1)

Randomised (n = 19)

L. plantarum MF1298 given in the 1st treatment period (n = 10)

Lost to follow-up (n = 1)

Withdrew consent (n = 1)

Analysed (n = 9)

Allocation

L. plantarum MF1298 given in the 2nd treatment period (n = 9)

Lost to follow-up (n = 1)

Unable to contact (n = 1)

Follow-up

Analysed (n = 7)

Excluded from analysis (n = 1)

Ulcerative colitis (n = 1)

Analysis