Figure 1  Flow diagram of study recruitment

Localised PC (Group 1a)
- PC diagnosis in primary care\(^a\)
  - Participation in Active Surveillance Study\(^a\)
    - Localised PC (5 men)
      - Active surveillance (5 men)
  - Localised PC (32 men, 11 partners)

Localised PC (Group 1b)
- Recruitment to ProtecT study\(^b\) and PSA test
  - PSA ≥3.0ng/ml and prostate biopsy
    - Localised PC (32 men, 11 partners)

Elevated risk (Group 2)
- PSA 2.0-2.9ng/ml
  - PSA ≥3.0ng/ml and negative biopsy
    - Elevated risk (21 men)

- Active surveillance (10 men, 4 partners)
- Active monitoring (12 men, 2 partners)
- Radiotherapy (9 men, 5 partners)
- Prostatectomy (1 man)
- Brachytherapy (1 man)

Dietary modification in ProDiet study\(^c\) (21 men)