Randomly selected by health insurance company from insurants with diabetes and excluded persons with dementia or severe mental diseases (n=5904)

Excluded (n= 2993) → Declined to participate

Provided written informed consent (n=3811)

Returned 1st questionnaire (n=3222)

Returned 2nd questionnaire (n= 1832)

Discontinued (n=1399)

Returned 3rd questionnaire (n= 1867)

Discontinued (n=1355)